



If you're living with HIV and HIV-associated wasting, talk to your healthcare provider and learn if Serostim<sup>®</sup> is right for you.

# DON'T WASTE ANOTHER MOMENT



The people in this brochure are not actual Serostim<sup>®</sup> patients.

Serostim<sup>®</sup> is the only FDA approved treatment that is proven to increase lean body mass and body weight and improve physical endurance when people living with HIV experience HIV-associated wasting. You must be on antiretroviral therapy while taking Serostim<sup>®</sup>.

## IMPORTANT SAFETY INFORMATION

**You should not take Serostim<sup>®</sup> if you have:**

- A critical illness from surgery, serious injuries, or a severe breathing problem
- Cancer or undergoing treatment for cancer
- Eye problems caused by diabetes
- Allergies to growth hormone or other ingredients in Serostim<sup>®</sup> vials

Please see Important Safety Information throughout this brochure and visit [Serostim.com/PI](https://www.serostim.com/PI) for full Prescribing Information.

## What is HIV-associated wasting?

HIV-associated wasting can be of concern for anyone living with HIV, even when the virus is well controlled with antiretroviral therapy.

### 3 key symptoms of HIV-associated wasting



#### Loss of Lean Body Mass (LBM)

- LBM includes muscle mass and is what your body would weigh without any body fat
- LBM loss may impact your energy levels, and you may need to rest more



#### Loss of Body Weight

- You may be losing weight without trying
- This can change your appearance and friends, family, and coworkers may notice changes in your weight



#### Decreased Physical Endurance

- You may find yourself getting tired more quickly, and simple tasks can be difficult
- You may not have enough energy

## Why does it happen?



### A number of factors may contribute to HIV-associated wasting

Evidence suggests that altered metabolism can play an important role in the development of HIV-associated wasting. Because the causes of HIV-associated wasting can be different and varied, consult with your healthcare provider (HCP) about any symptoms that you are experiencing.

### HIV-associated wasting should not be ignored

HIV-associated wasting is an HIV-related condition that can seriously affect your health. Talk to your HCP if you are experiencing any symptoms and ask whether Serostim® may be an option for you.



### IMPORTANT SAFETY INFORMATION (continued)

#### What is the most important information I need to know about Serostim®?

- For patients with critical illness caused by certain types of heart or stomach surgery, serious injury or a sudden and severe breathing problem, there was an increase in death in those treated with Serostim® compared to those patients not treated with Serostim® (42% vs 19%).
- You must be on antiretroviral therapy.
- Cancer is more common in people living with HIV.
- If you have, or are at high risk for, type 2 diabetes or have higher than normal blood sugar, talk to your doctor.

- Tell your doctor if you have changes in vision, headache, nausea, and/or vomiting which may be signs of increased brain pressure.
- Seek prompt medical attention if you have an allergic reaction while taking Serostim®.
- You may have swelling, especially in the hands and feet, as well as discomfort in bones, joints, and muscles. This may lessen with analgesics or talk to your doctor about reducing Serostim® dosing frequency.

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## Discussing your symptoms

Only a healthcare provider (HCP) can diagnose you with HIV-associated wasting. Asking yourself some questions may help you decide if it's time to start the conversation.

### Ask yourself:

- ☐ Do I have unintentional weight loss or have I lost weight without trying?
- ☐ Does my unintentional weight loss affect my health?
- ☐ Do my clothes fit more loosely due to unintentional weight loss?
- ☐ Have my friends, family, or coworkers noticed any changes in my weight?
- ☐ Do I have a loss of energy, along with unintentional weight loss?
- ☐ Do I frequently feel tired after certain activities?
- ☐ Do I need to rest more often or am I exercising less?
- ☐ Is it more difficult to complete some of my activities?

**If you answered "yes" to any of these questions, it may be time to talk to your HCP about HIV-associated wasting.**

### IMPORTANT SAFETY INFORMATION (continued)

**What is the most important information I need to know about Serostim®? (continued)**

- Carpal Tunnel Syndrome may occur, talk to your doctor about reducing the number of Serostim® doses in a week. If not resolved, treatment should be stopped.
- If you have severe abdominal pain (possibly pancreatitis), call your doctor.

**What are the most common side effects of Serostim® reported in clinical trials in patients treated for HIV-associated wasting or cachexia?**

## Treatment with Serostim® (somatropin) for injection



**Serostim® is the only FDA approved therapy proven to treat the 3 key symptoms of HIV-associated wasting by:**



**increasing  
lean body  
mass**



**increasing  
body  
weight**



**improving  
physical  
endurance**

### Serostim® is a treatment you can take on your own

After receiving appropriate injection training, Serostim® can be self-administered as prescribed by your HCP.

Serostim® therapy should be carried out under the regular guidance of an HCP who is experienced in the diagnosis and management of HIV.

- Swelling, especially in the hands or feet or around the eyes
- Bone, muscle, and joint pain or stiffness
- Tingling, numbness and pain in the fingers, thumb or wrist
- Unusual skin sensations
- Breast enlargement in men
- Nausea
- Extreme tiredness

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## Patient support



The AXIS Center® is a program that provides eligible patients prescribed Serostim® (somatropin) for injection with a variety of support services, including:



**A dedicated Case Manager** who will help with the reimbursement process and be the single point of contact for you and your care team



**Financial assistance programs** to help you, if eligible, cover out-of-pocket costs for your Serostim® prescription



**Injection training** to teach you how to take Serostim®



**Product Support Specialists** to answer questions about Serostim®



**1-877-714-AXIS (2947)**

Monday through Friday  
8 AM – 8 PM ET

### IMPORTANT SAFETY INFORMATION (continued)

**Other less common but serious side effects of Serostim® are:**

- High blood sugar (hyperglycemia/diabetes) which can include symptoms of increased thirst and urination, tiredness, or trouble concentrating.
- Headaches, changes in vision, nausea or vomiting, which require immediate medical attention.
- Serious allergic reactions that require immediate medical attention.
- Pain and tenderness in the abdomen.

**These are not all the possible side effects. Let your doctor know about any side effects you experience.**

## Financial assistance

Serostim® is covered by many commercial health plans, Medicare, state Medicaid, and AIDS Drug Assistance Programs (ADAP).

To help with any associated costs, we also offer financial support programs for eligible patients.

### Serostim® Copay Assistance Program

Eliminates out-of-pocket costs for most eligible commercially or privately insured patients.\*



For eligibility requirements and to download or activate a copay card, visit **[AffordingSerostim.com](https://www.AffordingSerostim.com)**

### Patient Assistance Program

Eligible patients who meet certain financial and medical criteria may receive Serostim® at no cost.\*

\*Subject to eligibility; restrictions apply.

### Ready to take advantage?

If you've been prescribed Serostim®, call the AXIS Center® to start getting treatment support today.

**Talk to your doctor or pharmacist about the following before taking Serostim®**

- If you are taking any other medicines (prescription or over the counter), vitamins, or supplements as these may affect each other. Your doctor may need to adjust the dose of Serostim® or other medicines you are taking.
- Serostim® should be used during pregnancy only if clearly needed.

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# Don't waste another moment



If you are HIV-positive and are experiencing symptoms of HIV-associated wasting, talk to your healthcare provider about Serostim<sup>®</sup> today



To learn more, go to  
**Serostim.com**

Serostim<sup>®</sup> is indicated for the treatment of HIV patients with wasting or cachexia to increase lean body mass and body weight, and improve physical endurance. Patients must be on antiretroviral therapy while taking Serostim<sup>®</sup>.

## IMPORTANT SAFETY INFORMATION (continued)

**Talk to your doctor or pharmacist about the following before taking Serostim<sup>®</sup> (continued)**

- Caution should be used in nursing mothers as it is unknown if Serostim<sup>®</sup> is passed in human milk.
- Safety and effectiveness in pediatric HIV patients have not been established.
- Unknown if HIV patients  $\geq 65$  years of age have a different response to Serostim than those  $< 65$  years of age.

### **How should you administer Serostim<sup>®</sup>?**

Patients and caregivers should be trained by a healthcare professional on how to mix and inject Serostim<sup>®</sup> prior to use. Never share Serostim<sup>®</sup> with another person, even if the needle is changed. Injection sites can include arms, legs, abdomen and should be changed daily to avoid injecting Serostim<sup>®</sup> in areas that are sore or bruised.

You are encouraged to report possible side effects to the FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch). You can also contact EMD Serono at 1-800-283-8088 ext. 5563

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