



## Learn More

Serostim<sup>®</sup> is proven to increase body weight and lean body mass and improve physical endurance when people living with HIV experience HIV-associated wasting (HIVAW). You must be on antiretroviral therapy while taking Serostim<sup>®</sup>.

Ask your healthcare provider (HCP) about the only FDA-approved treatment for all three key symptoms of HIV-associated wasting.

## Don't waste a moment.

### **SELECT IMPORTANT SAFETY INFORMATION**

#### You should not take Serostim<sup>®</sup> if you have:

- A critical illness from surgery, serious injuries, or a severe breathing problem
- Cancer or undergoing treatment for cancer
- Eye problems caused by diabetes
- Allergies to growth hormone or other ingredients in Serostim<sup>®</sup> vials

Please see full Important Safety Information on pages 8-9, and visit Serostim.com/PI for full Prescribing Information.

## What is HIV-associated wasting?

Often overlooked, HIV-associated wasting (HIVAW) can impact anyone living with HIV. You can have HIVAW even if your viral load is undetectable, and it can seriously affect your health.

### 3 key symptoms of HIV-associated wasting



### Unintentional Weight Loss

- You may be losing weight over time without trying
- This can change your appearance, and friends, family and coworkers may notice changes in your weight



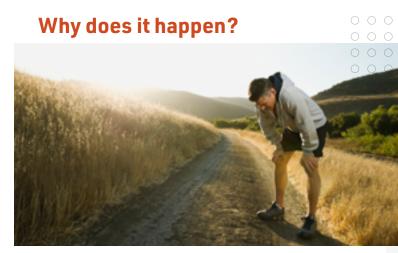
### Loss of Lean Body Mass (LBM)

- LBM includes muscle mass and is what your body would weigh without any body fat
- LBM loss may impact your energy levels, and you may need to rest more



### **Decreased Physical Endurance**

- You may find yourself getting tired more quickly, and simple tasks can be difficult
- You may not have enough energy



The people in this brochure are not actual Serostim® patients.

## HIV-associated wasting could be about more than just diet.

HIVAW can happen for many reasons, including changes in metabolism, hormone levels, the immune system, and digestion, or triggered by sudden infection or inflammation. Losing weight over time without trying could be a sign of HIVAW and should always be discussed with a healthcare professional.



### SELECT IMPORTANT SAFETY INFORMATION (continued) What should I tell my doctor before using Serostim<sup>®</sup>?

- If you have a critical illness from surgery, serious injury, or a severe breathing problem
- If you have cancer or had cancer in the past.
- If you have diabetes, are at risk for getting diabetes, or have blood sugar levels that are higher than normal. New cases of type 2 diabetes have been reported in patients taking Serostim<sup>®</sup>.
- If you are allergic to growth hormone, benzyl alcohol, sucrose, phosphoric acid or sodium hydroxide.

### SELECT IMPORTANT SAFETY INFORMATION (continued)

- If you are taking any other medicines (both prescription or over the counter), vitamins, or supplements because these medicines may affect each other. Your doctor may need to monitor for drug-drug interactions.
- If you are nursing, pregnant, or plan to become pregnant. It is not known if Serostim<sup>®</sup> passes into your breast milk or could harm your unborn baby.

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# HIV-associated wasting should not be ignored.



### Understanding the risks of HIVAW:

- People with HIVAW have nearly twice the risk of dying from any cause compared to those without it
- Over a six-year period of follow-up, 5% of people with HIVAW died, compared to 2% of those without it
- HIVAW increases hospital visits people with HIVAW experience five times more hospitalizations and twice as many emergency room visits than those without it

## Time to start the conversation?

Only a healthcare provider (HCP) can diagnose you with HIV-associated wasting. Ask yourself some questions to see if it's time to talk:

Have you recently lost weight, unintentionally, without trying?	0 0 0
Do your clothes feel looser?	0
Have people noticed changes in your weight?	0
Has weight loss affected your health?	
Do you feel you've lost physical strength or feel fatigued? Or need to rest more often?	

Are you exercising less or are you less active due to fatigue?

Do you feel it's harder to complete everyday activities, or you feel more tired afterwards?

Do any of your symptoms impact how you feel about your overall health?



If you answered "yes" to any of these questions, it may be time to talk to your HCP about your symptoms.

### SELECT IMPORTANT SAFETY INFORMATION (continued)

What are the most common side effects of Serostim<sup>®</sup> reported in clinical trials in patients treated for HIV-associated wasting or cachexia?

- Swelling, especially in the hands or feet or around the eyes
- Bone, muscle, and joint pain or stiffness
- Tingling, numbress and pain in the fingers, thumb or wrist
- Breast enlargement in men
- Nausea
- Extreme tiredness

## Serostim<sup>®</sup> is the only FDA-approved therapy proven to treat the 3 key symptoms of HIVAW

In fact, it's been proven in clinical trials to:

- Increase body weight
  - Increase lean body mass
  - Improve physical endurance



Participants taking Serostim<sup>®</sup> significantly improved their physical endurance as measured by stationary bike exercise after 12 weeks of treatment.

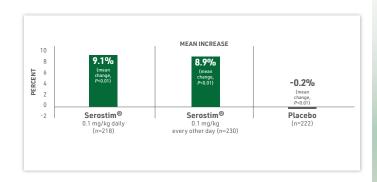
SELECT IMPORTANT SAFETY INFORMATION (continued)

#### Other less common but serious side effects of Serostim<sup>®</sup> are:

- High blood sugar (hyperglycemia/diabetes) which can include symptoms of increased thirst and urination, tiredness, or trouble concentrating.
- Serious allergic reactions that require immediate medical attention.
- Pain and tenderness in the abdomen.
- Headaches, changes in vision, nausea or vomiting, which require immediate medical attention.



### To learn more, visit Serostim.com



A total of 646 participants completed the 12-week study and continued on Serostim<sup>®</sup> treatment for an additional 12 weeks. 548 of these participants completed additional 12 weeks of active treatment. Participants continuing on Serostim<sup>®</sup> treatment maintained or improved their physical endurance throughout the study extension period.

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These are not all of the possible side effects. Let your doctor know about any side effects you experience. Your doctor may prescribe a pain reliever or may decrease your dose of Serostim<sup>®</sup> to help manage some side effects.

You are encouraged to report side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

### What is Serostim<sup>®</sup> (somatropin) for injection?

Serostim<sup>®</sup> is an injectable prescription medicine used for the treatment of HIV-positive patients with wasting or cachexia to increase lean body mass and body weight, and improve physical endurance. Treatment with antiretroviral therapy at the same time is necessary.

### How should you administer Serostim<sup>®</sup>?

Patients and caregivers should be trained by a healthcare professional on how to mix and inject Serostim<sup>®</sup> prior to use. Never share Serostim<sup>®</sup> with another person, even if the needle is changed. Injection sites can include arms, legs, and abdomen and should be changed daily.

Avoid injecting Serostim<sup>®</sup> in areas that are sore or bruised.

For complete information, visit **www.serostim.com** and talk to your healthcare provider.



## Getting Support: The Patient AXIS Center<sup>®</sup>



The Patient AXIS Center<sup>®</sup> is a program that provides eligible patients prescribed Serostim<sup>®</sup> (somatropin) for injection with a variety of support services, including:



A dedicated Case Manager to help you understand your insurance coverage and whether you may be eligible for financial assistance, and to serve as the main point of contact for you and your care team to help with access concerns



**Copay and other financial assistance programs** to help cover the cost of your prescription, subject to eligibility requirements



**Injection training** so you can confidently prepare and take your Serostim<sup>®</sup> injection (available virtually)



**Nursing Support Specialists** to answer any questions you may have about Serostim<sup>®</sup>

Ask your healthcare provider to enroll you today to help get your Serostim<sup>®</sup> faster!



### 1-877-714-AXIS (2947)

Monday through Friday 8 ам – 8 рм ЕТ

## **Financial assistance**

Serostim<sup>®</sup> is covered by many commercial health plans, Medicare, state Medicaid, and AIDS Drug Assistance Programs (ADAP).

To help with any associated costs, we also offer financial support programs for eligible patients.

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### Serostim<sup>®</sup> Copay Assistance Program

Eliminates out-of-pocket costs for most eligible commercially or privately insured patients.\*



For eligibility requirements and to download or activate a copay card, visit AffordingSerostim.com

### **Patient Assistance Program**

Eligible patients who meet certain financial and medical criteria may receive Serostim<sup>®</sup> at no cost.\*

\*Subject to eligibility; restrictions apply.

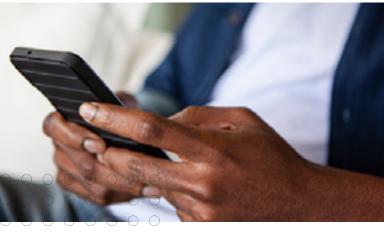
### Ready to take advantage?

If you've been prescribed Serostim<sup>®</sup>, call the Patient AXIS Center<sup>®</sup> to start getting treatment support today.

Please see full Important Safety Information on pages 8-9, and visit Serostim.com/PI for full Prescribing Information.



### Stay Informed, Stay Empowered, Stay Ahead



Download the FREE HIV Resource Center on Medisafe, a third-party app, for tools, info and resources. The app reminds you when to take your medications and go to HCP appointments, track your symptoms, and helps you keep an eye on key health indicators. Stay organized and informed with everything in one place.



Scan the QR code or click here, then enter 7QCW to launch your personalized experience.

### Talk to your HCP about Serostim® today

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