



If you're living with HIV and HIV-associated wasting, talk to your healthcare provider and learn if Serostim<sup>®</sup> is right for you.



## Don't waste a moment.

Serostim<sup>®</sup> is proven to increase body weight and lean body mass and improve physical endurance when people living with HIV experience HIV-associated wasting (HIVAW). You must be on antiretroviral therapy while taking Serostim<sup>®</sup>. Ask your healthcare provider (HCP) about the only FDA-approved treatment for all three key symptoms of HIV-associated wasting.

### IMPORTANT SAFETY INFORMATION

**You should not take Serostim<sup>®</sup> if you have:**

- A critical illness from surgery, serious injuries, or a severe breathing problem
- Cancer or undergoing treatment for cancer
- Eye problems caused by diabetes
- Allergies to growth hormone or other ingredients in Serostim<sup>®</sup> vials

Please see Important Safety Information throughout and Full Prescribing Information at [Serostim.com/PI](http://Serostim.com/PI)

HIV-associated wasting, a serious HIV-related condition that can impact anyone living with HIV, can cause unintentional weight loss, loss of lean body mass and decreased physical endurance, even if your HIV is well controlled on antiretroviral therapy (ART).

People living with HIV may experience the symptoms of HIV-associated wasting, including those who:

- Are newly diagnosed
- Are Long-Term Survivors
- Are on ART and losing weight without trying
- Are on ART and have, or have had, an HIV/AIDS-related infection
- Are living with advanced HIV disease
- Are on ART, but their viral load has not gone down
- Have been prescribed ART but have not taken it as directed

You may experience HIV-associated wasting even when your HIV is well controlled on ART.

## HIV-associated wasting is characterized by 3 key symptoms



Unintentional  
Weight Loss



Loss of Lean  
Body Mass  
(LBM)



Decreased  
Physical  
Endurance

### HIV-ASSOCIATED WASTING SHOULD NOT BE IGNORED

HIV-associated wasting can seriously affect your health. If you are experiencing symptoms of HIV-associated wasting, talk to your healthcare provider (HCP) about whether treatment with Serostim<sup>®</sup> might be right for you.

*Only an HCP can diagnose you with HIV-associated wasting, but first, you need to bring up your concerns.*

### Asking yourself these questions may help you decide if it's time to have the conversation.

- |  |  |
|--|--|
| <input type="checkbox"/> Have you recently lost weight, unintentionally, without trying? | <input type="checkbox"/> Do you feel you've lost physical strength or feel fatigued? Or need to rest more often?     |
| <input type="checkbox"/> Do your clothes feel looser?                                    | <input type="checkbox"/> Are you exercising less or are you less active due to fatigue?                              |
| <input type="checkbox"/> Have people noticed changes in your weight?                     | <input type="checkbox"/> Do you feel it's harder to complete everyday activities, or you feel more tired afterwards? |
| <input type="checkbox"/> Has weight loss affected your health?                           | <input type="checkbox"/> Do any of your symptoms impact how you feel about your overall health?                      |

*If you answered "yes" to any of these questions, it may be time to talk to your HCP about HIV-associated wasting.*

### IMPORTANT SAFETY INFORMATION (continued)

#### What should I tell my doctor before using Serostim<sup>®</sup>?

- If you have a critical illness from surgery, serious injury, or a severe breathing problem
- If you have cancer or had cancer in the past.
- If you have diabetes, are at risk for getting diabetes, or have blood sugar levels that are higher than normal. New cases of type 2 diabetes have been reported in patients taking Serostim<sup>®</sup>.
- If you are allergic to growth hormone, benzyl alcohol, sucrose, phosphoric acid or sodium hydroxide.
- If you are taking any other medicines (both prescription or over the counter), vitamins, or supplements because these medicines may affect each other. Your doctor may need to monitor for drug-drug interactions.
- If you are nursing, pregnant, or plan to become pregnant. It is not known if Serostim<sup>®</sup> passes into your breast milk or could harm your unborn baby.

Please see Important Safety Information throughout and Full Prescribing Information at [Serostim.com/PI](https://www.serostim.com/PI)

# Serostim<sup>®</sup> is the only FDA-approved therapy proven to treat the 3 key symptoms of HIVAW

In fact, it's been proven in clinical trials to:



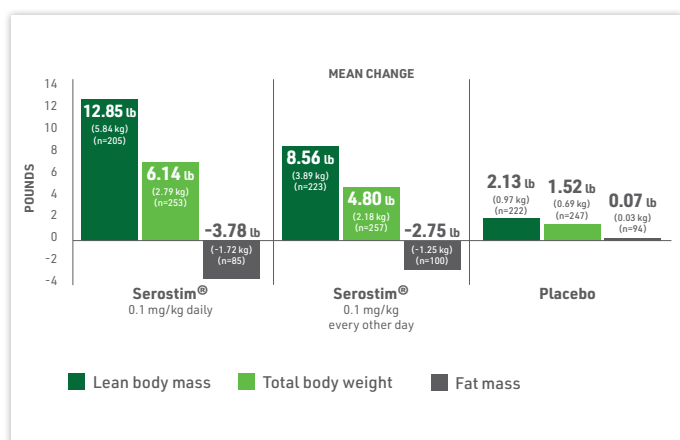
**Increase body weight**



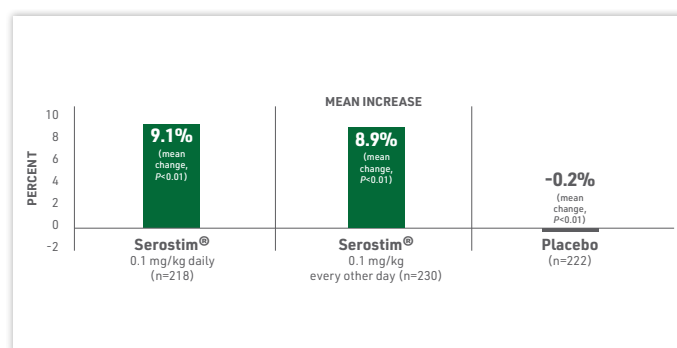
**Increase lean body mass**



**Improve physical endurance**



Participants taking Serostim<sup>®</sup> significantly improved their physical endurance as measured by stationary bike exercise after 12 weeks of treatment.



A total of 646 participants completed the 12-week study and continued on Serostim<sup>®</sup> treatment for an additional 12 weeks. 548 of these participants completed additional 12 weeks of active treatment. Participants continuing on Serostim<sup>®</sup> treatment maintained or improved their physical endurance throughout the study extension period.

## What are the most common side effects of Serostim<sup>®</sup> reported in clinical trials in patients treated for HIV-associated wasting or cachexia?

- Swelling, especially in the hands or feet or around the eyes
- Tingling, numbness and pain in the fingers, thumb or wrist
- Nausea
- Bone, muscle, and joint pain or stiffness
- Breast enlargement in men
- Extreme tiredness



**Don't waste a moment.**

To learn more, visit [Serostim.com](http://Serostim.com)

  
**Serostim<sup>®</sup>** 4 mg  
5 mg  
(somatropin) for injection 6 mg



The Patient AXIS Center<sup>®</sup> is a program that provides eligible patients prescribed Serostim<sup>®</sup> (somatropin) for injection with a variety of support services, including:



**A dedicated case manager**



**Injection training**



**Copay and other financial assistance programs**



**Nursing support specialists**



If you've been prescribed Serostim<sup>®</sup>, call the AXIS Center<sup>®</sup> at **1-877-714-AXIS [2947]** to start getting treatment support today.

**Talk to your HCP about Serostim<sup>®</sup> today**

**For more information about Serostim<sup>®</sup> visit [Serostim.com](http://Serostim.com)**

#### **IMPORTANT SAFETY INFORMATION (continued)**

##### **Other less common but serious side effects of Serostim<sup>®</sup> are:**

- High blood sugar (hyperglycemia/diabetes) which can include symptoms of increased thirst and urination, tiredness, or trouble concentrating
- Serious allergic reactions that require immediate medical attention
- Pain and tenderness in the abdomen
- Headaches, changes in vision, nausea or vomiting, which requires immediate medical attention

**These are not all of the possible side effects. Let your doctor know about any side effects you experience. Your doctor may prescribe a pain reliever or may decrease your dose of Serostim<sup>®</sup> to help manage some side effects.**

You are encouraged to report side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

##### **How should you administer Serostim<sup>®</sup>?**

Patients and caregivers should be trained by a healthcare professional on how to mix and inject Serostim<sup>®</sup> prior to use. Never share Serostim<sup>®</sup> with another person, even if the needle is changed. Injection sites can include arms, legs, abdomen and should be changed daily. Avoid injecting Serostim<sup>®</sup> in areas that are sore or bruised.

##### **What is Serostim (somatropin) for injection?**

Serostim is an injectable prescription medicine used for the treatment of HIV-positive patients with wasting or cachexia to increase lean body mass and body weight, and improve physical endurance. Treatment with antiretroviral therapy at the same time is necessary.

For complete information, visit [www.serostim.com](http://www.serostim.com) and talk to your healthcare provider.

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